

# Dates for 2019 classes

Weekend classes run on a Saturdays starting at 9am, hours vary. Some HC include Friday evenings. Please check when you call to register.

Series classes run 7-9pm, once a week, for 5 weeks.

	<b>Weekend</b>	<b>Series</b>
<b>Bonnie Doon Public Health Centre</b>	<ul style="list-style-type: none"> <li>• January 19</li> <li>• March 2</li> <li>• July 6</li> <li>• August 24</li> <li>• November 2</li> </ul>	<u>Tuesdays 7-9pm</u> <ul style="list-style-type: none"> <li>• Mar 12 – Apr 9</li> <li>• Apr 30 – May 28</li> <li>• Sep 17 – Oct 15</li> <li>• Nov 12 – Dec 10</li> </ul>
<b>East Edmonton Health Centre</b>	<ul style="list-style-type: none"> <li>• January 5</li> <li>• March 9</li> <li>• May 25</li> <li>• July 13</li> <li>• September 21</li> <li>• November 2</li> </ul>	
<b>Fort Saskatchewan Public Health</b>	<ul style="list-style-type: none"> <li>• January 26</li> <li>• April 6</li> <li>• July 13</li> <li>• September 28</li> </ul>	
<b>Leduc Public Health Centre</b>	<ul style="list-style-type: none"> <li>• February 2</li> <li>• May 4</li> <li>• July 6</li> <li>• October 12</li> </ul>	
<b>Mill Woods Public Health Centre</b>	<ul style="list-style-type: none"> <li>• January 12</li> <li>• April 13</li> <li>• May 11</li> <li>• August 10</li> <li>• September 7</li> <li>• September 28</li> <li>• December 14</li> </ul>	<u>Mondays 7-9pm</u> <ul style="list-style-type: none"> <li>• May 27 – Jun 24</li> </ul>
<b>Northeast Community Health Centre</b>	<ul style="list-style-type: none"> <li>• April 13</li> <li>• November 23</li> </ul>	<u>Thursdays 7-9pm</u> <ul style="list-style-type: none"> <li>• Jan 10 – Feb 7</li> <li>• Feb 21 – Mar 21</li> <li>• May 23 – Jun 20</li> <li>• Sep 12 – Oct 10</li> </ul>

<b>Northgate Health Centre</b>	<ul style="list-style-type: none"> <li>• January 26</li> <li>• March 2</li> <li>• April 27</li> <li>• June 15</li> <li>• July 27</li> <li>• September 21</li> <li>• December 7</li> </ul>	
<b>Rutherford Health Centre</b>	<ul style="list-style-type: none"> <li>• February 9</li> <li>• April 13</li> <li>• June 15</li> <li>• July 27</li> <li>• September 28</li> <li>• December 21</li> </ul>	
<b>Westview Health Centre (Spruce Grove)</b>	<ul style="list-style-type: none"> <li>• January 5</li> <li>• April 27</li> <li>• August 17</li> <li>• December 7</li> </ul>	
<b>Strathcona County Health Centre</b>	<ul style="list-style-type: none"> <li>• March 2</li> <li>• May 25</li> <li>• June 8</li> <li>• August 17</li> <li>• November 30</li> </ul>	<u>Tuesdays 7-9pm</u> <ul style="list-style-type: none"> <li>• Jan 15 – Feb 12</li> <li>• Apr 2 - 30</li> <li>• Sept 10 – Oct 8</li> </ul>
<b>West Jasper Place Public Health Centre</b>	<ul style="list-style-type: none"> <li>• March 9</li> <li>• June 1</li> <li>• November 16</li> </ul>	<u>Wednesdays 7-9pm</u> <ul style="list-style-type: none"> <li>• Jan 9 – Feb 6</li> <li>• Apr 3 – May 1</li> <li>• Jul 11 – Aug 8</li> <li>• Sep 18 – Oct 16</li> </ul>
<b>Woodcroft Public Health Centre</b>	<ul style="list-style-type: none"> <li>• February 23</li> <li>• April 6</li> <li>• June 22</li> <li>• September 22</li> <li>• November 30</li> </ul>	
<b>St Albert HC</b>	<ul style="list-style-type: none"> <li>• February 2</li> <li>• March 16</li> <li>• May 11</li> <li>• June 8</li> <li>• July 20</li> <li>• November 23</li> </ul>	
<b>Twin Brooks HC</b>	<ul style="list-style-type: none"> <li>• April 6</li> <li>• November 2</li> </ul>	<u>Wednesdays 7-9pm</u> <ul style="list-style-type: none"> <li>• Jan 9 – Feb 6</li> <li>• Nov 20 – Dec 18</li> </ul>