



Cochrane Prenatal Health Group

Pregnant?

Have a new baby?

We are here to support you!

Join us for a **FREE** prenatal/new baby health group. Come meet moms and moms-to-be and share your experiences, questions and concerns about health, parenting and healthy eating. Connect with community resources to help you through pregnancy and beyond.

Dates: 2nd and 4th Thursday of the month

Time: 1:30pm – 3:30pm

Place: Western Rocky View Parent Link
127, 1 Ave Cochrane AB

Phone 403-955-1450 to register!



**Alberta Health
Services**

parentLINKcentre